

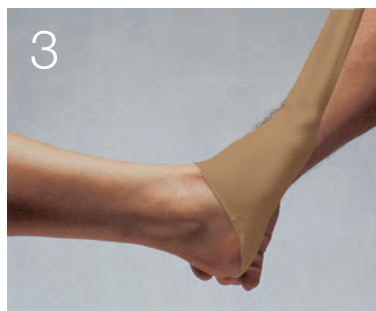
JOBST® Application



1
Put the hand inside the stocking and grip the heel.



2
Turn the stocking inside-out, whilst still holding onto the heel.



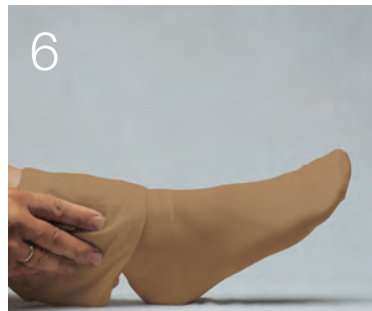
3
Pull the inside-out of the stocking over the front of the foot as far as the heel.



4
Gradually pull the stocking onto the calf, like a normal stocking.



5
Push the overlapping part of the stocking over the heel.



6
Fold over the stocking and pull without using force.



7
Make sure that the heel of the stocking is free of creases.



8
Pull the stocking up to the knee, thigh or waist; let it slide over the thumbs.

Knee high socks or stockings should finish 2 finger width's below the knee crease at the back of the leg.

